



A joint Newsletter for the Jersey Way Surgery in Barwell and Clifton Way Surgery in Hinckley

Barwell & Hollycroft Practice News- Issue 7

As Winter approaches and Flu clinics have taken place can we thank all those eligible patients who attended either Barwell or Hollycroft surgeries. The article below from Dr Rajyaguru explains the need for Flu prevention and why GP surgeries need your support in delivering them.

On another issue the "Hinckley & Bosworth Care plan," which started back in 2014, is making progress. Who would have thought that the referendum and the loss of a Prime Minister could affect things in Hinckley & Bosworth. Well it did. We hoped to have started the public consultation for BCT (Better Care Together) by now which will take into account our healthcare needs in H&B. It looks like this will start towards the end of the year and take us into 2017. This will be an opportunity for the public to see the short list of options available so that views and comments can be taken into account before a final decision is made. As you will have seen from the press people are beginning to realise that the Hinckley Hospital on Manor Road can no longer meet the demands of 21st Century care. The Health Centre can however have a new lease of life. Keep your eyes open in the press for opportunities to have your say about what services we need.

Flu Prevention

Flu can be a very severe illness, particular for the elderly (or very young) and those that have chronic medical conditions. Even the healthiest of us can be bed-ridden for several days but for those at risk it could be potentially life threatening.

In order to provide patients with the best protection possible, the 2016/17 Flu Season has started at the surgery. We have already had 2 clinics that were held on Saturday mornings and multiple clinics are being held during the weekdays throughout October.

We have about 3000 patients that are eligible to have the flu vaccination and so far we have managed to vaccinate about 1000 patients. We strongly rely on patient support to get their flu jab done at the surgery as any income that is generated from this is used to provide additional services to our patients.

Some people say I don't want to waste the GP's time but a flu jab is a lot cheaper than having to treat a patient with the disease.

If you haven't had your flu jab yet and you think you may be eligible, please contact the surgery where the Reception team will easily be able to check for you and book your appointment.

Reducing Medical Waste

Your surgery needs you!

Over £300 million a year is spent on medication which is unused or partially used. Even if you never open medication once it has left the Pharmacy your medicines cannot be re-used. WHY! This is because some medications need to be stored in particular ways—even dressings may have medica-

tion within them that if not stored correctly makes them ineffective.

Before heading to the Pharmacy check your medicine cupboard and if you are on repeat prescriptions check with your doctor or pharmacist. If there are things you no longer require have them removed. Many patients end up with a stock pile of medicine or dressings they do not use. This wastes thousands of pounds which could be spent on other patients. Check your Medicine cupboard and if you have unused items please bring them along to your local Pharmacist so they can dispose of them correctly (not down the toilet or in the bin). Contact the surgery so your prescription can be reviewed. Our least busy times are 10am—12 noon and 2.30 pm –4.00pm



Carers Clinic

Are you a patient at Barwell or Hollycroft Medical Centres

Do you look after someone who is unable to manage without your support? They may have a physical or learning disability, Dementia, mental health problems, misuse drug or alcohol, who maybe ill or frail.

Then you are a carer.

Are you seeking a listening ear? need advice, information and support around your caring role?

As a carer you will have the opportunity for a confidential 1-1 appointment with your local Carers Wellbeing Advisor

Carers Clinics are being held at **Barwell Medical Centre on the 3rd Friday of the month.**

If you would like to book an appointment for the Clinic please call the surgery on **01455 849149.**

Send articles via the surgery website <http://www.barwellmedicalcentre.co.uk> and go to the contact us section or bring suggestions to the Hollycroft surgery marked for the attention of Maxine Rowley

For more information you can call the Carers Wellbeing service on **01858 411380**

The group had its first meeting on May 10th at Barwell Community House supported by Kerry Smith the local area coordinator, Sue Crawery a representative from VASL (Voluntary Action South Leicestershire), a representative from the Carers Health and Wellbeing service and also a representative from "Re Think" mental health.

The group has been set up by carers for carers with the idea to have some time out from your caring role with the support and backup from more professional services if required. We wanted to create a different group from what is on offer at the minute trying to reach different types of carers. Particularly younger carers or those that are also working and can't always access other groups. The group meets the **second Tue each month at 7pm until 8.30 at the Community House Bradgate Road.**

Since that first meeting the group has gone from strength to strength and more carers are coming along each time. The group is a friendly place where we can share our own experiences and support each other. We try to plan fun activities to do which gives us the time out we need and helps to build friendships. The group has enjoyed a couple of BBQ s and a night doing some creative things with salt dough. We have a Christmas meal planned and are planning plenty of things for the coming year. We have a closed Facebook page called "Time Out" where we can support each other between meetings and for advice or information to be posted.

Why is the Hinckley Health Care plan taking so long? We haven't seen anything after all this "talking"

As mentioned earlier in this newsletter introduction political issues have held up the public consultation but that is not to say benefits haven't already been felt following all the talk with the public. "The Carers Health and Wellbeing service" has been set up which identifies carers earlier and provides them with help and advice.

"The Falls Service" enables a rapid handover of patients who have fallen to Leicestershire's integrated health and care community teams rather than sending people to A&E. "The Acute visiting service" is provided to patients who have contacted their GP to request an urgent home visit. The service is designed to deliver care and treatment in the community for urgent conditions so reducing the number of trips to hospital. There are over 20 other services that have been developed or trialled following the public engagement meetings held over the past 2 years. Watch this space for more details of these services or come along to **the next**

PPG meeting Monday Dec 5th at Hollycroft

surgery 7pm

All patients welcome

Staff Changes

We say goodbye to Yvonne Glover (Practice Manager) and Denise Luton (Assistant Practice Manager). Denise has played a vital role in developing the PPG within the Practice. At the last PPG meeting members presented Denise with a gift and card to thank her for all of her valuable work with the group. Both Yvonne and Denise have been with the Practice for a number of years. We wish them well in their new roles.

Receptionist Charlotte Johnson has left to take up another post.

Dr. Dominique Kent (Final year trainee GP) on maternity leave until Jan 2017.

Dr Shane Mistry is a final year GP trainee who will be with the Practice until the end of July 2017

Dr Amerah Khatib who is finishing her first year GP training and will be at the Practice until December 2016



Congratulations to Admin/Health Care Assistant Caroline Downer who left in August to have a baby girl

We welcome Maxine Rowley (new Business Manager) who will be working across both Barwell and Hollycroft sites We also welcome Dr Clare Wilson who joins the Practice as a Partner

Staff vacancies – Deputy Operations Manager (f/t), Finance Administrator (p/t) and receptionist (p/t)

COFFEE MORNING

WHEN
THURSDAYS
10am until 12pm
STARTING 6th OCTOBER 2016

WHERE
ST MARYS CHURCH
BARWELL
Church Lane LE9 8DG

JOIN US FOR TEA, COFFEE, HOMEMADE
CAKES, BISCUITS AND A CHAT



ACHIEVE WITH US



SUPPORTING ADULTS
WITH LEARNING
DIFFICULTIES
TO BE
INDEPENDENT
WITHIN THEIR
LOCAL COMMUNITY

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